

HEAD LICE TREATMENT VERIFICATION**What are Lice?**

They are small, gray-white insects. They are about the size of tiny ants. They only crawl. They never jump or fly. They feed on human blood.

The adult female head louse lays eggs. She glues the eggs to the hair, close to the scalp. The young lice hatch in about 10 days. They reach full size in about two weeks. Lice live about 20 to 30 days. The female can lay as many as six eggs per day.

**How Do You Get Them?**

- 1) Direct contact with the hair of an infested person.
- 2) Sharing hair care items like combs, brushes, and towels.
- 3) Sharing clothing such as hats, ribbons, scarves, coats, and jackets.
- 4) Sharing bed linen with infected persons.

**How do you Treat Them?**

- 1) You must get treatment quickly before the lice spread. Remind children not to share caps, combs, hair ribbons, and other objects used in the hair.
- 2) You **must** follow all the steps outlined under "Care of House and Personal Articles" and "Treatment Check List."

**How Do You Care for House and Personal Articles?**

Take care of the house and personal items the same day as you treat the hair.

- \_\_\_\_\_ 1) Wash bedding, clothing, and towels in hot (130 degrees) soapy water for 20 minutes.
- \_\_\_\_\_ 2) Throw-rugs, pillows, cushions, and even stuffed toys can have eggs and lice. Wash all items that you can.
- \_\_\_\_\_ 3) Put items you can't wash in a plastic bag. Seal the bag. Place it inside a second plastic bag, and leave it. Leave the plastic bags closed for two weeks.
- \_\_\_\_\_ 4) Vacuum all rugs, floors, upholstered furniture, and mattresses completely.
- \_\_\_\_\_ 5) Iron mattress with a hot iron. Iron areas around the buttons and the stitching twice.
- \_\_\_\_\_ 6) Wash plastic-covered furniture or mattresses with hot soapy water.
- \_\_\_\_\_ 7) Clean all combs and brushes with the lice shampoo. Then wash them with hot soapy water.

**Treatment Check List**

- \_\_\_\_\_ 1) Consult with your doctor, pharmacist, or drug store, for which lice product to use. Only lice shampoo for human use should be used. (Insurance and/or medical coupons will help cover the cost if a doctor prescribes.)
- \_\_\_\_\_ 2) Closely follow the directions on the package.
- \_\_\_\_\_ 3) After using the lice shampoo, comb the hair with a fine tooth comb. This helps remove the eggs. **Before your child can return to program, you must remove ALL the eggs from the hair.**
- \_\_\_\_\_ 4) Remove all the eggs before doing more shampoo treatment. (Cut the single hair shaft with the egg if combing does not remove it.)
- \_\_\_\_\_ 5) Check all family members for eggs. Shampoo them, if necessary.
- \_\_\_\_\_ 6) You **may need to repeat** the lice shampoo in 7-10 days after the first treatment, only if you see more lice. Too much treatment may damage hair. The lice shampoo **does not** remove eggs. It does kill lice. Remove eggs by combing or picking them out. Important: Remember to check daily.
- \_\_\_\_\_ 7) If head lice persist, see your doctor.

BEFORE RETURNING TO PROGRAM

- 1) Go directly to the program office for a recheck, detach the form below, and return with the box top from the lice shampoo that you used.
- 2) If there are no eggs or lice, your child will be given a pass to return to class.

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**Dear NWESD 189 Cooperative Program Administrator:**

**I have treated my child's hair with a lice-killing product on the following date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ and am enclosing this box top as proof of treatment.**

\_\_\_\_\_ **I have checked my child and have removed all eggs.**

\_\_\_\_\_  
**Parent/Guardian signature (date)**