

My name is Judy Beard and I am a professor at Central Washington University but also the SHAPE WA president. SHAPE stands for the Society of Health and Physical Educators and is our State's health and fitness education association. I'm writing to see if you would be **willing to advertise three of our upcoming workshops on your webpage**. We also have presentations related to ABL, Active Based Learning, we could deliver through your ESD location for health and physical educators as well as classroom content teachers. We have trained individuals that can present on a variety of HPE subjects if you are interested. But, just posting these three upcoming workshops would be much appreciated.

February 1: West Best @ Chief Sealth High School in Seattle, WA

February 22: East Best @ Rogers HS in Spokane

March 14: Health Educator Workshop at CWU in Purser Hall, Ellensburg

If people are interested in registering for the aforementioned conferences, they can do so at www.shapewa.org

If you have further questions, please don't hesitate to contact me!

Thank you for your time and consideration.

Judy Beard