

# Behavior Health Services



**Northwest Educational  
Service District 189**

*Together We Can*



## **Youth Suicide Prevention Program Training Scheduled for Friday 3-27-15 @ ESD 189**

As you may know, House Bill 1336, passed by the state legislature in April 2013, requires that each Washington school district have in place a plan for how it will handle emotional and behavioral distress, including suicidal thinking, behavior, and threats of violence, during the 2014–15 school year. This will help districts and schools respond quickly and effectively in a crisis.

This model plan, compiled by the Youth Suicide Prevention Program ([www.yspp.org](http://www.yspp.org)), draws on best practices in crisis response and the knowledge and experience of a large group of people involved in education across the state of Washington.

Within this Plan, you will find:

- A framework for ideas to take back to districts and buildings to help aid in the plans for prevention and intervention in emotional and behavioral crises.
- A framework for postvention to support students and staff and prevent suicide contagion after a student's death.
- Links to best-practice resources and publications for use by schools.

Although there is not a mandate to use this model plan, it is hoped that it will be useful to districts that have well-honed crisis procedures as well as to those just starting or refining plans to comply with House Bill 1336.

### **Schedule your training**

Contact Wendi Thomas

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Or visit us online at [www.nwesd.org](http://www.nwesd.org)

### **Youth Suicide: *the facts***

An average of 2 youth between the ages of 10 and 24 die by suicide each week in Washington State.

15% of WA 6th graders, 17% of 8th graders, 19% of 10th graders, and 17% of seniors reported seriously considering suicide in the last year.

Youth suicides outnumber youth homicides. Suicide is the second leading cause of death for WA adults.

Suicide risk is reduced by increasing protective factors and working to change risk factors.

Peers and adults outside the family play a key role in prevention.

