

## Information and Support for You and Your Child with Autism...

### Autism Outreach Project

Training across the state via video conference, an extensive free lending library, information and resources to families and educators.

<http://www.nwesd.org/autism>

### Online Resources

#### Autism Speaks

Family support including tool kits on challenging behavior, the first 100 days following diagnosis, and transition to adulthood.

<http://www.autismspeaks.org/family-services>

#### Autism Society

In-depth information from the national Autism Society on a variety of topics related to living with autism.

<http://www.autism-society.org>

#### Autism Internet Modules

Free online training on evidence-based interventions for children with autism spectrum disorders.

<http://www.autisminternetmodules.org>

#### Centers for Disease Control and Prevention (CDC)

Autism facts, data, research, and treatment.

<http://www.cdc.gov/autism>

#### First Signs

Red flags, screening, diagnosis, and information.

<https://www.firstsigns.org>

#### National Professional Development Center on Autism Spectrum Disorders

Evidence-based practices for children with ASDs.

<http://autismpdc.fpg.unc.edu>

#### Organization for Autism Research (OAR)

The *Life Journey through Autism Series* includes a guide for transition to adulthood.

<http://www.researchautism.org/resources>

## Contact Us



## Autism Outreach Project

1601 R Avenue  
Anacortes, WA 98221

Phone: 1-888-704-9633

Fax: 360-299-4071

Email: [autism@nwesd.org](mailto:autism@nwesd.org)

<http://www.nwesd.org/autism>



Washington State Department of  
Early Learning



Northwest Educational  
Service District 189

*Together We Can*

## Autism Outreach Project

# Autism Resource Guide

For Families  
of Children with  
Autism Spectrum  
Disorders in  
Washington State



A State Needs Project through the Office of the Superintendent of Public Instruction in collaboration with Early Support for Infants and Toddlers and the Northwest Educational Service District 189.

## Getting Started

### Early Support for Infants and Toddlers (ESIT) Birth-3

Phone: 360-725-3500

Toll-free: 866-482-4325, option 9, option 1

<http://www.del.wa.gov/esit>

Services to children birth to 3 who have disabilities and/or developmental delays.

ESIT Family Health Hotline Toll-free: 1-800-322-2588

### School Districts (3 years and older)

Help for children 3 years or older with developmental delays and/or disabilities.

<http://www.k12.wa.us/maps/sdmainmap.aspx>

### Developmental Disabilities Administration

Phone: 360-725-3413

Email: [ddcoreception@dshs.wa.gov](mailto:ddcoreception@dshs.wa.gov)

<http://www.dshs.wa.gov/ddd>

Assistance to individuals with developmental disabilities and their families.

## Family Support

### Parent to Parent State Coordinating Office

Phone: 425-641-7504 or 800-821-5927

Email: [statep2p@earthlink.net](mailto:statep2p@earthlink.net)

[http://arcwa.org/getsupport/parent\\_to\\_parent\\_p2p\\_programs](http://arcwa.org/getsupport/parent_to_parent_p2p_programs)

Regional coordinators connect parents who have a child with special needs with other parents whose children have a similar condition.

### Washington State Father's Network

Phone: 425-653-4286 <http://www.FathersNetwork.org>

Support, information, and resources for fathers and families of children with special needs.

### PAVE (Partnerships for Action, Voices for Empowerment)

Phone: 253-565-2266 or 1-800-5-PARENT

Email: [pave@wapave.org](mailto:pave@wapave.org)

<http://www.wapave.org>

Parent organization providing support and information.

### Families for Effective Autism Treatment (FEAT)

Phone: 425-223-5126 <http://www.featawa.org>

## Washington State

### Autism Society of Washington

Phone: 360-515-8910 Toll-free: 1-888-ASW-4-YOU

<http://www.autismsocietyofwa.org>

### ARC of Washington

Phone: 1-888-754-8798 <http://www.arcwa.org>

### Department of Health (DOH)

Listing of facilities throughout the state providing evaluation, treatment, and support for children with autism.

<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Autism/ServiceProviders.aspx>

### Children's Village, Yakima

Toll-free (800) 745-1077 <http://www.yakimachildrensivillage.org>

### Mary Bridge Children's Hospital, Tacoma

Phone: 253-403-4437 <http://www.multicare.org/marybridge>

### Northwest Autism Center, Spokane

Phone: 509-328-1582 Email: [info@nwautism.org](mailto:info@nwautism.org)

<http://www.nwautism.org>

### Responding to Autism Center, Kennewick

Phone: 509-396-9230

<http://www.respondingtoautism.net/Center.html>

### Seattle Children's Autism Center

Phone: 206-987-8080 **Parent Training Series**

<http://www.seattlechildrens.org/clinics-programs/autism-center>

### University of Washington Autism Center

Toll-free: 1-877-408-UWAC

<http://depts.washington.edu/uwautism>

### University of Washington Child Development Clinic

Phone: 206-598-9346

[http://depts.washington.edu/chdd/ucedd/ctu\\_5/child\\_devclinic\\_5.html](http://depts.washington.edu/chdd/ucedd/ctu_5/child_devclinic_5.html)

### Washington Autism Alliance and Advocacy (WAAA)

Improves access to healthcare, education, and social services.

<http://www.washingtonautismadvocacy.org>

## Autism Publications

### The Educational Aspects of Autism Spectrum Disorders

A publication designed to assist in the education of students with autism spectrum disorders.

<http://www.k12.wa.us/SpecialEd/pubdocs/Autism%20Manual.pdf>

### Autism Guidebook for Washington State

Information on autism - birth through the lifespan - for all those working with and caring for children and adults with autism spectrum disorders.

<http://here.doh.wa.gov/materials/autism-guidebook>

## Special Education

### Office of Superintendent of Public Instruction (OSPI) Special Education Ombudsman

Provides support to families concerning laws, rules, and regulations. Phone: 360-725-6075

<http://www.k12.wa.us/SpecialEd/Families/ombudsman.aspx>

### Guidance for Families about Special Education Services

Online information and resources on various special education topics.

<http://www.k12.wa.us/SpecialEd/Families>

### Office of the Education Ombudsman

Resolves complaints and problems between families and schools. 866-297-2597

<http://www.governor.wa.gov/oeo>

## Transition to Adulthood

### Center for Change in Transition Services

Training and support to improve post-secondary outcomes for students with disabilities.

Phone: 206-296-6494 Email: [ccts@seattleu.edu](mailto:ccts@seattleu.edu)

<http://www.seattleu.edu/ccts>

### Division of Vocational Rehabilitation (DVR)

Employment services and counseling.

Phone: 1-800-637-5627

<http://www.dshs.wa.gov/dvr>

This is a starting-point for families but is not intended to be a complete listing of organizations and resources available. Inclusion does not constitute endorsement. Updated 07/2013.

Autism Outreach Project

1-888-704-9633

[autism@nwsd.org](mailto:autism@nwsd.org)