

Jan. 10, 2018- Safety Summit

Suicide Prevention
Finding Hope in Challenging Times

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Resources and reflection questions
Forefront Suicide Prevention-
<http://www.intheforefront.org/>

SAMHSA- Substance Abuse and Mental Health Services Administration
<https://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669>

Suicide Prevention Resource Center
<https://www.sprc.org/settings/schools>

Mental Health First Aid
<https://www.mentalhealthfirstaid.org/>

National Alliance on Mental Illness
<https://www.nami.org/#>

ASSIST training - Applies Suicide Intervention Skills Training
<https://www.livingworks.net/programs/asist/>

Signs of Suicide Prevention Program
<https://www.sprc.org/resources-programs/sos-signs-suicide>

Suicide Prevention Lifeline
<https://suicidepreventionlifeline.org/>

Crisis Text Line
<https://www.crisistextline.org/>

For reflection-
What do young people really need to grow and develop into whole and happy adults?

What is the suicide response plan in my school?

What are the barriers to creating a safer school environment?

What steps can I take to promote a safer school?

How can I support the staff and students in my school?